CIRCULAR "The teachers tried to act like they knew how I felt, but JOURNEY "take a they didn't have a clue what "don't think was going through my head. So I lost it, and walked out, I you're so nice. just had to get away." In circular journeys young people cos everyone ended up back where they started. hates you" This is Hannah's journey. "It started at home when "Then the girls at school my Dad left, Mum would starting backstabbing me, always take my sister's sending nasty messages, side. She'd call my Dad then pretending it wasn't saying Hannah's done this, Hannah's done "One of her mates, Shaun, was dead nice. His parents had split up too so he really got me. Shaun said anytime school got too much, I could just go round to his." "We had a family worker who talked to Mum as well. Me and Mum still argue from time to time, but I don't take off anymore, I just go into another room. " "Me and Shaun got together and it made me feel great. But my Dad BROKEN FAMILY RELATIONSHIPS didn't like Shaun, and the school kept saying 25 was too old for me. So I got messed up with drugs. One night I got so messed up I was sick everywhere, my heart was pounding and I couldn't walk. Kelly had to call 999." REFERRALS.

"When I got home from hospital I had a

things changed."

letter from a runaways project. I ignored

it but they called and sounded alright. I started talking to Lucy and after a while

drugs and alcohol project

and the worker there was

brilliant, she didn't

judge me at all."

"By the time I was home, Mum was hysterical and the Police were there. They asked where I'd been but I didn't tell them."

"After that I spent more time with Kelly. I'd set off to go to school and just end up at theirs. We started taking anything we could get our hands on, mcat, ket, Mum's antidepressants. I ended up selling my phone to get money to buy more."

SAFE PLACES

We found that these things could prevent the journey or make it safer. The points at



"I ended up in town

Kelly, a girl I went

with. I hung around

and went back to her sister's. We were

with her for a bit

all drinking cider

and smoking weed."

and bumped into

to primary school

Having the right people around you, either socially or within services.



Being able to access family support or mediation.



Knowing about services that can help.



Having good life skills and awareness of risk.

WE RECOMMEND:

O1. A national programme of youth work should be developed and funded to provide safe spaces for all young people, but especially those who are disengaged from

02. The role of pastoral workers and PSHE classes in school should be valued and

should be displayed in public transport hubs and shopping centres, alongside phone charging points so that young people can ring helplines and other people who may help them.

that young people get a chance to talk to an independent person about why they ran away. Young people (and parents, if appropriate) should be offered follow up support that meets their needs.

05. Commissioners should ensure that services are funded for long enough to enable young people to develop positive relationships with workers, and that young people have a say in shaping services.

Journey illustrations provided by Sandra Howgate